Heb 12:1 Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before US,

cares of the world – parable of sower Lk 8:6-14 family relations - dead bury the dead Lk 9:59-62 life does not consist of possessions Lk 12:15 desires of the flesh, eyes, pride I Jn 2:15-16 Bartimaeus even threw aside his cloak Mk 10:50

Heb 12:2 fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. (NAS)

ESV, KJV – our faith -- incorrect Jude 3 ... to contend for the faith that was once for all delivered to the saints. Heb 12:3 Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.

1Co 15:58 Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain. Heb 12:4 In your struggle against sin you have not yet resisted to the point of shedding your blood.

## Others have

Rev 6:9 When he opened the fifth seal, I saw under the altar the souls of those who had been slain for the word of God and for the witness they had borne.

Act 7:60 And falling to his knees he cried out with a loud voice, "Lord, do not hold this sin against them." And when he had said this, he fell asleep. Heb 12:5 And have you forgotten the exhortation that addresses you as sons? "My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. (a quote from Pro 3.11-12)

Eph 6:4 Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

1Co 11:32 But when we are judged by the Lord, we are disciplined so that we may not be condemned along with the world.

Heb 12:6 For the Lord disciplines the one he loves, and chastises every son whom he receives." (7) It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline? (8) If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. (9) Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? (10) For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness.

## Eli had evil sons but gave them no rebuke 1Sam 3:13

Samuel had evil sons but no punishment for it 1Sam 8:3 Jacob failed in partiality Gen 37:4

don't frustrate your children Eph 6:4 be consistent as your heavenly Father Ja 1:17 Set bounds for your children Jn 12:48 Punish defiance I Sam 15:23 rebellion like divination Heb 12:11-12 For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

**2Co 4:17** For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison,

Heb 12:12 Therefore lift your drooping hands and strengthen your weak knees, 13 and make straight paths for your feet, so that what is lame may not be put out of joint but rather be healed.

Gal 6:4-5 But let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. (5) For each will have to bear his own load. Heb 12:14 Strive for peace with everyone, and for the holiness without which no one will see the Lord.

Rom 12:18 If possible, so far as it depends on you, live peaceably with all.

Rom 6:22 But now that you have been set free from sin and have become slaves of God, the fruit you get leads to sanctification and its end, eternal life. Heb 12:15 See to it that no one fails to obtain the grace of God; that no "root of bitterness" springs up and causes trouble, and by it many become defiled;

2Ti 2:15 Do your best to present yourself to God as one approved, a worker who has no need to be ashamed, rightly handling the word of truth.

Act 8:22-23 Repent, therefore, of this wickedness of yours, and pray to the Lord that, if possible, the intent of your heart may be forgiven you. (23) For I see that you are in the gall of bitterness and in the bond of iniquity." Heb 12:16-17 that no one is sexually immoral or unholy like Esau, who sold his birthright for a single meal. (17) For you know that afterward, when he desired to inherit the blessing, he was rejected, for he found no chance to repent, though he sought it with tears.

## Esau's story Gen 27.38

We have time --

1Co 6:9-11 Or do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived: neither the sexually immoral, nor idolaters, nor adulterers, nor men who practice homosexuality, (10) nor thieves, nor the greedy, nor drunkards, nor revilers, nor swindlers will inherit the kingdom of God. (11) And such were some of you. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God.

Heb 12:18-19 For you have not come to what may be touched, a blazing fire and darkness and gloom and a tempest (19) and the sound of a trumpet and a voice whose words made the hearers beg that no further messages be spoken to them.

The Israelites at Mt Sinai Ex 19.12-13

Heb 12:20-22 For they could not endure the order that was given, "If even a beast touches the mountain, it shall be stoned." (21) Indeed, so terrifying was the sight that Moses said, "I tremble with fear."

Deu 9:19 For I was afraid of the anger and hot displeasure that the LORD bore against you, so that he was ready to destroy you. But the LORD listened to me that time also.

Heb 12:22 But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, 23 and to the assembly of the firstborn who are enrolled in heaven, and to God, the judge of all, and to the spirits of the righteous made perfect,

The Church!

Col 1:15 He is the image of the invisible God, the firstborn of all creation.

Php 4:3 Yes, I ask you also, true companion, help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life. Joh 5:22 The Father judges no one, but has given all judgment to the Son,

Rev 17:14 They will make war on the Lamb, and the Lamb will conquer them, for he is Lord of lords and King of kings, and those with him are called and chosen and faithful." Heb 12:24 and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

Heb 9:15 Therefore he is the mediator of a new covenant, so that those who are called may receive the promised eternal inheritance, since a death has occurred that redeems them from the transgressions committed under the first covenant.

Heb 12:25 See that you do not refuse him who is speaking. For if they did not escape when they refused him who warned them on earth, much less will we escape if we reject him who warns from heaven.

Heb 1:1-2 Long ago, at many times and in many ways, God spoke to our fathers by the prophets,(2) but in these last days he has spoken to us by his Son, whom he appointed the heir of all things, through whom also he created the world.

Heb 2:2-3 For since the message declared by angels proved to be reliable, and every transgression or disobedience received a just retribution, (3) how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard, Heb 12:26-27 At that time his voice shook the earth, but now he has promised, "Yet once more I will shake not only the earth but also the heavens." (27) This phrase, "Yet once more," indicates the removal of things that are shaken—that is, things that have been made—in order that the things that cannot be shaken may remain.

At Mt Sinai Ex 19.18 the earth shook

Things eternal will remain

Heb 12:28-29 Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe, (29) for our God is a consuming fire.

2Pe 1:10-11 Therefore, brothers, be all the more diligent to confirm your calling and election, for if you practice these qualities you will never fall. (11) For in this way there will be richly provided for you an entrance into the eternal kingdom of our Lord and Savior Jesus Christ.