Mat 6:1-4 "Beware of practicing your righteousness before other people in order to be seen by them, for then you will have no reward from your Father who is in heaven. (2) "Thus, when you give to the needy, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by others. Truly, I say to you, they have received their reward. (3) But when you give to the needy, do not let your left hand know what your right hand is doing, (4) so that your giving may be in secret. And your Father who sees in secret will reward you. Isa 29:13 And the Lord said: "Because this people draw near with their mouth and honor me with their lips, while their hearts are far from me, and their fear of me is a commandment taught by men,

Gal 1:10 For am I now seeking the approval of man, or of God? Or am I trying to please man? If I were still trying to please man, I would not be a servant of Christ.

2Co 10:18 For it is not the one who commends himself who is approved, but the one whom the Lord commends.

Mat 6:5-9 "And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. (6) But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you. (7) "And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. (8) Do not be like them, for your Father knows what you need before you ask him. (9) Pray then like this: "Our Father in heaven, hallowed be your name.

Not the Lord's prayer but a model - for the Jews

Mat 6:10 Your kingdom come, your will be done, on earth as it is in heaven.

The kingdom had not yet come but it was on its way.

Dan 2:44 And in the days of those kings the God of heaven will set up a kingdom that shall never be destroyed, nor shall the kingdom be left to another people. It shall break in pieces all these kingdoms and bring them to an end, and it shall stand forever,

The kingdom is spoken of as in existence after the day of Pentecost.

Act 1:6 So when they had come together, they asked him, "Lord, will you at this time restore the kingdom to Israel?"

Act 8:12 But when they believed Philip as he preached good news about the kingdom of God and the name of Jesus Christ, they were baptized, both men and women.

#### Fasting

Mat 6:16-18 "Whenever you fast, do not put on a gloomy face as the hypocrites do, for they neglect their appearance so that they will be noticed by men when they are fasting. Truly I say to you, they have their reward in full. (17) "But you, when you fast, anoint your head and wash your face (18) so that your fasting will not be noticed by men, but by your Father who is in secret; and your Father who sees what is done in secret will reward you.

# We do not fast or do penance to get God's attention in the kingdom.

Nehemiah mourned.

Neh 1:4 Now it came about when I heard these words, I sat down and wept and mourned for days; and I was fasting and praying before the God of heaven.

Isa 58:3 'Why have we fasted and Thou dost not see? Why have we humbled ourselves and Thou dost not notice?' Behold, on the day of your fast you find your desire, and drive hard all your workers.

1Ti 4:1 But the Spirit explicitly says that in later times some will fall away from the faith, paying attention to deceitful spirits and doctrines of demons, (2) by means of the hypocrisy of liars seared in their own conscience as with a branding iron, (3) men who forbid marriage and advocate abstaining from foods which God has created to be gratefully shared in by those who believe and know the truth.

## We always have God's attention

1Jn 1:7-9 But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanses us from all sin. (8) If we say that we have no sin, we deceive ourselves, and the truth is not in us. (9) If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

In the New Testament fasting is not commanded and although hunger is seen as a trial to be endured at times in service to God.

Fasting becomes a matter of individual concern but will not bring the one fasting closer to God. What will bring you closer to God? Obedience to His commands!

1Jn 5:2 By this we know that we love the children of God, when we love God and observe His commandments. (3) For this is the love of God, that we keep His commandments; and His commandments are not burdensome.

#### Lay Up Treasures in Heaven

Mat 6:24 "No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other.

You cannot serve God and money.

1Ti 6:6-10 But godliness with contentment is great gain, (7) for we brought nothing into the world, and we cannot take anything out of the world. (8) But if we have food and clothing, with these we will be content. (9) But those who desire to be rich fall into temptation, into a snare, into many senseless and harmful desires that plunge people into ruin and destruction. (10) For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs.

#### **Anxiety**

Mat 6:25 "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? (26) Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? (27) And which of you by being anxious can add a single hour to his span of

The lilies of the field

the birds of the air

the span of your life

2Th 3:10-12 For even when we were with you, we would give you this command: If anyone is not willing to work, let him not eat. (11) For we hear that some among you walk in idleness, not busy at work, but busybodies. (12) Now such persons we command and encourage in the Lord Jesus Christ to do their work quietly and to earn their own

Mat 6:34 "So do not worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own.

1Ti 6:17 Charge them that are rich in this world, that they be not highminded, nor trust in uncertain riches, but in the living God, who giveth us richly all things to enjoy;

### Do you trust the Lord?

You don't trust if you will not obey His commands.

Mar 16:16 He that believeth and is baptized shall be saved; but he that believeth not shall be damned.