1 Cor 11:23 For I received from the Lord that which I also delivered to you



1 Cor 11:26 For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes.

The proclamation is not posted on the wall or loudly recited by one individual but is reverently proclaimed by each member of Christ's body as they partake of the bread and the fruit of the vine.

The disciples of Jesus Christ come together on the first day of the week to proclaim the Lord's death until He comes. Which first day of the week?

Denominations of men often take it on one Sunday a month or one Sunday a quarter or even twice a year at Easter and Christmas Acts 20:7 And on the first day of the week, when we were gathered together to break bread, Paul began talking to them, intending to depart the next day, and he prolonged his message until midnight.

Every week has a first day and we often liken this observance to God's command on the Sabbath - Ex 20:8 "Remember the sabbath day, to keep it holy.

Which Sabbath did they keep holy?

Every one of them! But we also need to recognize that Paul told the Corinthian brethren that they were coming together for the wrong reason.

1 Cor 11:20 Therefore when you meet together, it is not to eat the Lord's Supper,

What was the right reason? To eat the Lord's Supper!

They had come together to eat a common meal, and they were not sharing.

1 Cor 11:21 for in your eating each one takes his own supper first; and one is hungry and another is drunk.

Paul tells them he is ashamed of them for making this celebration into a common meal.

1 Cor 11:22 What! Do you not have houses in which to eat and drink? Or do you despise the church of God,

Paul then tells them the way this memorial is to be observed.

1 Cor 11:23 For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was betrayed took bread; 24 and when He had given thanks, He broke it, and said, "This is My body, which is for you; do this in remembrance of Me." 25 In the same way He took the cup also, after supper, saying, "This cup is the new covenant in My blood; do this, as often as you drink it, in remembrance of Me."

Paul – speaking by direction of the Holy Spirit – says this is what is to be done.

that the Lord Jesus in the night in which He was betrayed took bread

Paul clearly tells them what kind of bread as he tells when Jesus instituted the supper.

It was Passover bread – unleavened Ex 12:15 No yeast requiring time for the dough to rise.

After 1850, Passover bread was made with as little water as possible so that no yeast might grow. They learned then that yeast would grow if water was present.



1 Cor 5:6 Your boasting is not good. Do you not know that a little leaven leavens the whole lump of dough? 7 Clean out the old leaven, that you may be a new lump, just as you are in fact unleavened.

Some have mistakenly thought that since the Passover was a meal that our communion is also to be a meal.

Matt 26:26 And while they were eating, Jesus took some bread, and after a blessing, He broke it and gave it to the disciples, and said, "Take, eat; this is My body." 27 And when He had taken a cup and given thanks, He gave it to them, saying, "Drink from it, all of you; 28 for this is My blood of the covenant, which is poured out for many for forgiveness of sins. 29 "But I say to you, I will not drink of this fruit of the vine from now on until that day when I drink it new with you in My Father's kingdom."

The covenant that Jesus makes is not a part of the Passover but is at the end of the Passover and is a part of a marriage proposal, the acceptance by the bride of the price agreed upon by her father.

The cup was offered in a betrothal ceremony and the proposal was accepted by drinking the wine.

Some have said, we must use fermented juice — wine — at the table since they had no way to preserve juice until the spring of the year.

However at Mt 26:29 Jesus tells them, "But I say to you, I will not drink of this fruit of the vine from now on until that day when I drink it new with you in My Father's kingdom."

fruit of the vine is correctly translated from the Greek and is literally the juice which comes from the grape and not the fermented juice oinos.

We know this wine was from the grape since that is the source of wine for the Jews in Canaan.

Thus, fermented or unfermented juice is not the question, but that the fruit of the vine be used.

This





Or this?

Some have said that there should be but one cup, since cup is always in the singular.

1Cor 11:25 In the same way He took the cup also, after supper, saying, "This cup is the new covenant in My blood; do this, as often as you drink it, in remembrance of Me."

When Jesus spoke of the cup, he used the word cup to mean the contents of the cup – for that is what we drink!

We do not drink (consume) the cup but the contents.

"But I say to you, I will not drink of this fruit of the vine from now on until that day when I drink it new with you in My Father's kingdom."

At the Passover each attendee had their own cup and thus would not have used only one cup. Brethren fail to realize if the Lord used only one cup, the 5000 men in Acts 4.4 would have needed a 20 gallon container!

The symbol is not the container, but the contents – the fruit of the vine.

Jesus tells them first to share the fruit of the vine in Lk 22 and after each has received a portion, he then offers thanks, breaks the bread and offers thanks and drinks from the cup.

Luke 22:17 And when He had taken a cup and given thanks, He said, "Take this and share it among yourselves; 18 for I say to you, I will not drink of the fruit of the vine from now on until the kingdom of God comes. " 19 And when He had taken some bread and given thanks, He broke it, and gave it to them, saying, "This is My body which is given for you; do this in remembrance of Me." 20 And in the same way He took the cup after they had eaten, saying, "This cup which is poured out for you is the new covenant in My blood.

While it is not wrong to use one cup, it is wrong to bind that on others – and it is certainly wrong to place the emphasis on the cup rather than the contents.

What about the prayers that were offered? At a wedding rehearsal, I was asked by an elderly lady in Mississippi who was concerned about the passing out of both bread and fruit of the vine with only one prayer. She questioned whether there should be one prayer for the bread, followed by taking the bread and then one for the wine, followed by taking the wine.

She said that among black churches in Mississippi, they had begun to use just one prayer and she thought it should be two.

We turned in my Bible and read 1Cor 11:24 and when He had given thanks, He broke it, and said, "This is My body, which is for you; do this in remembrance of Me." 25 In the same way He took the cup also, after supper, saying, "This cup is the new covenant in My blood;

I asked her what does it mean if Jesus did it in the same way. She immediately answered, "Why the same way as the bread."

and when He had given thanks, He broke it, and said

Very importantly, the communion is only for those who have acknowledged the Lord in their lives by doing his will in the past week

1Co 11:27 Therefore whoever eats the bread or drinks the cup of the Lord in an unworthy manner, shall be guilty of the body and the blood of the Lord. 28 But let a man examine himself, and so let him eat of the bread and drink of the cup. 29 For he who eats and drinks, eats and drinks judgment to himself, if he does not judge the body rightly. 30 For this reason many among you are weak and sick, and a number sleep.

The manner of our taking of these emblems is quite important as the Holy Spirit guides Paul to give these special instructions on the Lord's Supper.

23 For I received from the Lord that which I also delivered to you

I trust that those of you who are faithful Christians will think on these things and those of you who are not will not eat and drink judgment to yourselves.

If you're not a Christian why not become one now? You must be baptized to be added to His church – Acts 2.47

Mark 16:16 "He who has believed and has been baptized shall be saved; but he who has disbelieved shall be condemned.